



Corbin & Associates, Inc.
Lesson Plan of the Month
(January 2001)

Topic: Domestic Violence
Target Group: 9th-12th Grades
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Objectives:

After this block of instruction the student will be able to:

- 1) Define domestic violence
 - a) Act of violence between cohabitants
 - b) Related by blood or marriage
 - c) Child in common
 - d) Live or lived together
- 2) Describe the cycle of domestic violence
 - a) Honeymoon period
 - b) Tension
 - c) Etc.
- 3) Recognize domestic violence
 - a) Crimes
 - b) Patterns
 - c) Signs
 - d) Victims
- 4) Understanding the dynamics of domestic violence
 - a) Shame
 - b) Fear
 - c) Love
 - d) Helplessness
 - e) Low self-esteem
 - f) Victim of domestic violence
- 5) Understanding the effects on families
 - a) Victims
 - b) Signs of abuse
 - c) Help that is available
 - d) Danger signs
 - e) Some statistics

Introduction:

My name is Officer Jodi Bromley, your School Resource Officer. I have been an officer for three years with experience in patrol, hostage negotiations, domestic coalition committee and most recently as a SRO. I have been married for 23 years, have 4 children and enjoy traveling. Domestic violence is NOT about anger out of control, it is using anger to gain power and control.

Body:

- I. Who is affected by domestic violence?
 - A. No social economical boundaries
 - B. Children/Victims
 - C. 80% of men serving time in prison between ages of 17-22 for killing their mother's batterers.
 - D. 1-4 women are victims of domestic violence
 - E. 90% of domestic violence is committed by men

- II. What are domestic violence crimes?
 - A. Assault
 - B. Sexual assault
 - C. Criminal mischief
 - D. Unlawful detention
 - E. Rape
 - F. Harassment

- III. Co-habitants
 - A. Related by blood or marriage
 - B. Child in common
 - C. Lived or have lived together or a child who is 16 years or older who is married, adjudicated as adult, child.

IV. Cycle of Domestic Violence

- A. Honeymoon
- B. Tension
- C. Egg shells
- D. Blow up
- E. Assault
- F. Remorse>Honeymoon

V. Dynamics of Domestic Violence

- A. Jealous
- B. Controlling
- C. Obsessive
- D. Blaming
- E. Put downs
- F. Isolating

VI. Dynamics Continued (Recanting)

- A. Fear
- B. Shame
- C. Love
- D. No where to turn
- E. Believe things will get better

VII. Signs of Abuse

A. Marks

1. bruises
2. cuts
3. burns
4. red spots
5. broken bones

B. Strangulation

1. hoarse
2. red eyes
3. sore throat
4. red marks on neck
5. swollen neck
6. look for internal injuries

C. Takes Blame

1. makes excuses
2. afraid

- VIII. Who are the predominate aggressors?
- A. 90% are men
 - B. Denial
 - C. Blame
 - D. Collusion
 - E. Continue behavior with other partners

"There is no law against being a bitch, there is a law against being an abuser."

- IX. Why women need help (women are assaulted 8-10 times before reporting)
- A. Weaker/physical size difference
 - B. Abuse starts often with pregnancy
 - C. Dangerous time for women when they decide to leave
 - D. Safety plan in place
 - E. Domestic violence pamphlets/victims advocates

- X. Charges for domestic violence
- A. Jail (no contact) class B misdemeanor
 - B. Plea in abeyance is conviction
 - C. Consequent convictions = Felony
 - D. Protective orders

- XI. Domestic Violence Facts
- A. Higher percentage of girls exposed to domestic violence will marry an abusive man.
 - B. Girls erroneously believe they can change them once they're married.

Review:

- 1) Domestic violence is a crime
- 2) 90% of abusers are male
- 3) Affects 1-4 women
- 4) Crosses all social economical boundaries
- 5) Children are the innocent victims of domestic violence
- 6) It does not get better

Practice:

- 1) Recognize the signs and symptoms of domestic violence
- 2) Explain why victim stays in domestic violence relationship
- 3) Identify the victims of domestic violence
- 4) List 3 people who fall into domestic violence category
- 5) What percentage of abusers are male?

Documentation And/Or Sources

- ❖ Anne O'delle - San Diego Police Department - Domestic Violence
- ❖ St. George Police Department by-laws
- ❖ Domestic Violence pamphlet by St. George Domestic Violence Coalition
- ❖ Personal Experiences

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