



Corbin & Associates, Inc.
Lesson Plan of the Month
(May 2001)

Topic: Club Drugs
Target Group: 12th Grade
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Objectives:

After this block of instruction the student will be able to understand what drugs are considered “club drugs,” and the dangers and health risks they create.

Introduction:

I’m Det. Richard Hoffmann. My experience is in the areas of juvenile officer, evidence technician and now SRO. I’m here to talk about the dangers of designer drugs that are commonly known as “club drugs.” We will discuss why these drugs are so popular and why so many young people are dying.

Body:

- I. Six most currently abused Club Drugs
 - A. Gamma-Hydroxybutyrate (GHB)
 1. Slang Terms: Grievous Bodily Harm, G, Liquid Ecstasy, Georgia Home Boy
 - B. Methamphetamine
 1. Slang Terms: Speed, Ice, Chalk, Meth, Crystal, Crank, Fire, Glass

C. Ketamine

1. Slang Terms: K, Special K, Vitamin K, Cat Valium

D. Rohypnol (flunitrazepam)

1. Slang Terms: Roofies, Rophies, Roche, Forget-Me Pill

E. Methylenedioxymethamphetamine (MDMA)

1. Slang Terms: Ecstasy, STC, X, Adam, Clarity, Lover's Speed

F. Lysergic Acid Diethylamide (LSD)

1. Slang Terms: Acid, Boomer, Yellow Sunshines

II. Dangers and Health Risks

A. Physical Effects of GHB

1. Central nervous system depressant that can relax or sedate the body, and slow breathing and heart rate to dangerous levels at higher doses. Often used in combination with alcohol and used as a "date rape" drug.

B. Psychological Effects of GHB

1. Has intoxicant, sedative and euphoriant effects that begin within 10 to 20 minutes of the drug being taken.

C. Physical Effects of Methamphetamine

1. Increased heart rate, convulsions, extreme rise in body temperature (as high as a potentially fatal 108 degrees), uncontrollable movements, insomnia, impaired speech, dry and itchy skin, loss of appetite, acne and sores, and numbness.

D. Psychological Effects of Methamphetamine

1. Excessive excitation, irritability, anxiety, panic, false sense of confidence and power, psychotic and violent behavior, and severe depression.

E. Physical Effects of Ketamine

1. Impaired motor function, high blood pressure and respiratory problems.

F. Psychological Effects of Ketamine

1. Dreamlike states, hallucinations and depression.

- G. Physical Effects of Rohypnol (flunitrazepam)
 - 1. Sedation and intoxication, decreased blood pressure, drowsiness, visual disturbances, dizziness, confusion, gastrointestinal disturbances and urinary retention.
- H. Psychological Effects of Rohypnol
 - 1. Can cause inability to remember events that happened while one was under the influence of the drug; this property contributes to Rohypnol's popularity as a "date rape" drug.
- I. Physical Effects of Methylenedioxymethamphetamine (MDMA)
 - 1. Stimulation that allows users to dance for extended periods, dehydration, hypertension, and heart or kidney failure.
- J. Psychological Effects of Methylenedioxymethamphetamine
 - 1. Confusion, depression, anxiety and paranoia.
- K. Physical Effects of Lysergic Acid Diethylamide (LSD)
 - 1. Dilated pupils, increased body temperature, increased blood pressure and heart rate, sweating, loss of appetite, dry mouth, sleeplessness, tremors, numbness, weakness and nausea.
- L. Psychological Effects of LSD
 - 1. Abnormalities in sensory perceptions (effects vary according to the amount taken, the user's surroundings, and his or her personality, mood and expectations).

III. Date Rape Drugs

- A. Most of these drugs are colorless and odorless and are used as date rape drugs.

IV. Laws and Update

- A. Local drug arrests
- B. National and International drug arrests
- C. Laws will change due to increase of trafficking and usage in response to related deaths.

- V. Choices and Decisions You Have
- A. Ask questions
 - B. Research
 - C. Read the papers
 - D. Learn from others mistakes and/or deaths
 - E. Don't give in to peer pressure
 - F. Choose your friends, places you go, and who you're with wisely
 - G. Don't take pills or drinks from others
 - H. Remember drug dealers don't care about you or your future

Review:

- ❖ Six drugs
- ❖ Risks and Dangers
- ❖ Choices and Decisions

Practice:

- Name the six current types of club drugs
- List the risks and dangers
- Test
- Question & Answer

Documentation:

National Institute on Drug Abuse Club Drugs Initiative (www.clubdrugs.org)
Syndistar Inc. Publications – Drug Education Handouts

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