



Corbin & Associates, Inc.
Lesson Plan of the Month
(June 2001)

Topic: Prescription Drugs
Target Group: 12th Grade
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Objectives:

After this block of instruction the student will be able to:

- ❖ Define Prescription Drugs
- ❖ List ways to obtain prescription drugs
- ❖ Know the three different types of prescription drugs (Ritalin, Codeine & Prozac)

Introduction:

Hello class, my name is Officer Greep and I am here to provide you with information on prescription drugs. I have 5 ½ years experience as a Police Officer, five of which I spent with the City of Los Angeles and now currently with the City of LaVerne.

Body:

- I. Prescription Drugs
 - A. Known to be safe, effective and legal only when prescribed and over seen by a licensed physician.
 - B. Prescription drugs are more frequently abused because they alter the user's feelings, behavior and his/her perception of themselves.

II. Ways Prescription Drugs Are Obtained

- A. Conventional way is to see a doctor.
- B. People addicted will use any means to get prescription drugs

III. Three Types of Prescription Drugs

A. Ritalin

1. Originally prescribed for adults with mild depression. Adapted to treat children in the 70's for hyperactivity. Increased in the 80's and in the 90's. Acts as a central nervous system stimulant after a child has begun his/her puberty cycle of life.

B. Codeine

1. Sedative pain relieving agent, found in opium and is related to but less potent than morphine.
2. Most often available in tablet form.
3. Can also be generally used as a cough suppressant.

C. Prozac

1. Commonly prescribed as an anti-depressant and for treatment of obsessive-compulsive disorder and eating disorders.
2. One of the world's most widely prescribed brands of antidepressants.

Review:

- Prescription drugs and their effects
- How easy it is to obtain prescription drugs
- Three different types of prescription drugs

Practice:

What are prescription drugs and their affects?

What are different ways to obtain prescription drugs?

What were the three types of prescription drugs we discussed?

Sources:

1. National Drug & Safety League
2. U. S. Department of Health & Human Services
3. Illusions Information Guide on Drugs

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