



CORBIN & ASSOCIATES, INC.

**Lesson Plan of the Month
August 2001**

Topic: HIV

Target Group: Jr. High

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Objectives:

After this block of instruction the student will be able to:

- 1. Explain what HIV (human immunodeficiency virus) is.**
- 2. Explain what AIDS (acquired immunodeficiency syndrome) is.**
- 3. Explain how HIV is spread.**
- 4. Explain when was it first documented in the United States, and how many people in this country have AIDS, not HIV.**
- 5. Describe how AIDS is spreading in the world.**
- 6. List some safety precautions against HIV.**

Introduction:

Good morning class. My name is Officer Jeff. I am your new school resource officer this year. I have been in law enforcement for eight years. I have been a DARE officer since 1995. I'm married with two children and two stepchildren. Today we'll be discussing HIV and AIDS.

Body:

- I. HIV is a Virus**
 - A. Causes infections**
 - B. Virus can be spread by a HIV infected person by blood, semen, vaginal Fluid and breast milk**
- II. AIDS is a condition that results from HIV infection**
 - A. By the time people with HIV acquire AIDS the virus has damaged the Immune system**
 - B. May take 10 years or longer to develop full-blown AIDS, which will Eventually lead to death**
- III. AIDS was first documented (reported) in 1981**
 - A. Illness was not referred to as AIDS until 1982**
 - B. Scientists know that the viruses spread from host to host but may never**

Know how people became the host for HIV

- IV. Nearly every country in the world has reported at one case of AIDS**
 - A. From 1980 to early 1996, 10.4 million people, adults, teenagers and Children have developed AIDS from HIV**
 - B. As of Dec. 1997, 390,692 men, women and children in the U. S. have died Of AIDS (a result of HIV infection)**
- V. Safety Precautions**
 - A. Abstain from sex**
 - B. If you don't abstain, use a latex condom properly**
 - C. If you are a drug user and use a needle never share your needle or use Someone elses. Remember HIV will eventually become full-blown AIDS.**
 - D. No cure as of this date, and your immune system will eventually Breakdown leading to your death.**

Review:

- 1. HIV is a virus that causes infections.**
- 2. HIV is spread by blood, semen, vaginal fluids and breast milk.**
- 3. AIDS is a condition that is a result of HIV.**
- 4. By the time AIDS is full-blown damage has been done to a person's immune system, and this can take up to ten years or longer.**
- 5. AIDS will eventually lead to death.**
- 6. There is currently no cure.**

Practice:

- 1. Ask when AIDS was first reported in U. S. (1981)**
- 2. How can HIV be transmitted? (blood, semen, vaginal fluid, breast milk)**
- 3. Could a person get HIV from oral sex? (yes)**
- 4. What has happened to a person's body once they develop AIDS? (Suffered damage to their immune system)**
- 5. What are some safety precautions against getting HIV? (Use of latex condoms, latex, don't share needles, , don't breast feed your child if you have HIV)**

Documentation and/or Sources:

American Red Cross Facts Book on HIV/AIDS (copyright 1998)

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